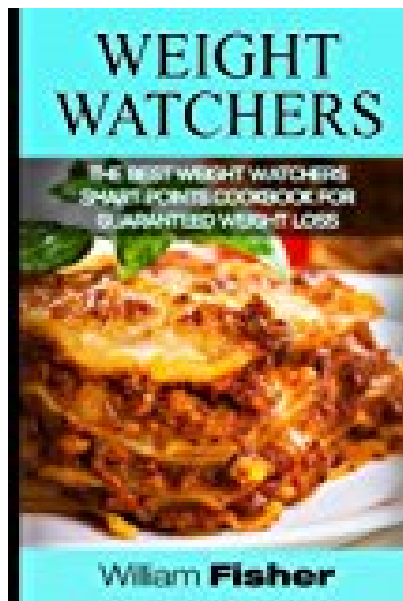


# Weight Watchers The Best Weight Watchers Smart Points Cookbook For Guaranteed Weight Loss

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## BOOK DETAILS

- Author : William Fisher
- Pages : 198 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1544685564



## BOOK SYNOPSIS

If Creative Weight Watcher Desserts are What You Seek, then Look No Further. Welcome to the Most Delicious and Enjoyable way to Lose Weight and stay in Fantastic Shape! Believe it or not, cutting down on processed sugar while on the Weight watcher Diet does NOT mean saying goodbye to delicious snacks and desserts! In this book, we share with you a variety of mouthwatering Weight Watcher Friendly sweet treats that come together quickly and easily! These recipes all contain heart-healthy fats and bold flavours that are sure to satisfy your sweet tooth. These Desserts & Treats are quick, simple and satisfying. They are also packed full of metabolism-boosting and belly-fat-burning goodness! Not to mention the added micro-nutrients, vitamins, minerals and superfoods in some of these indulgent little recipes. You will find a FULL nutritional breakdown at the end of each recipe, as well as Smart Points conveniently calculated! Some of the Profound Benefits You will Experience when consuming these Weight Watcher Recipes: Accelerated Fat Loss Increase Energy Levels & Vitality Appetite Control Improved Mental Focus Stabilised Blood Sugar Levels Lower Cholesterol Hormonal Balance Heres A Sneak Preview Of The Easy-to-Prepare Recipes you will find in this book: Blueberry Cheesecake Ice Cream Homemade Cannoli Cones Weight Watchers Key Lime Pie Guilt-Free Rice Krispies Chocolate Coated Marshmallow Squares Juicy Strawberry Pie Crazy Delicious Meringue Heavenly Cake Mix Cookies Homemade Glazed Donuts Citrus Sorbet Oatmeal Cookies Zesty Soufflé Weight Watchers Chocolate Pudding No-Bake Choco Peanut Butter Cookies Coconut Macarons Weight Watchers Banana Bread Apple Bundt Cake No-Bake Choc-Whip Pie Vanilla Pumpkin Smoothie Chia Pudding Creamy Pumpkin Pudding Caramel Coated Pears Instant Pineapple Cupcakes Granola Bombs Cookies & Cream Cups Caramel Lovers Dream Who says Weight Watchers means no sweets?? ☐☐☐ Start your journey to ultimate health and vitality today!☐☐☐

### **WEIGHT WATCHERS THE BEST WEIGHT WATCHERS SMART POINTS COOKBOOK FOR GUARANTEED WEIGHT LOSS**

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