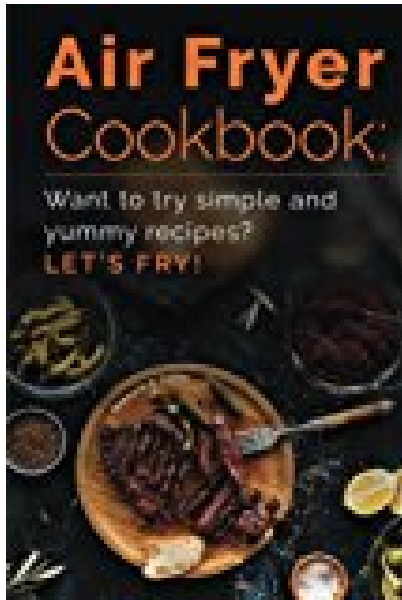


Air Fryer Cookbook Want to try simple and yummy recipes? Lets Fry!



BOOK DETAILS

- Author : Stephanie N. Collins
- Pages : 114 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1544654626

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BOOK SYNOPSIS

Do you want to lose weight, but still want to enjoy fried food? Do you love fried food, but you don't love the fact that they are cooked in too much oil? Do you want to cook fried food with less mess and fuss? Then you need to try out cooking with an air fryer. With little or no oil at all, you can cook your favorite fried food in no time. You can even conveniently bake, roast, and grill food in an air fryer. Never say no to fried food again. With an air fryer, you can enjoy your favorite fried dishes without the guilt. If you love fried food, then you will love using an air fryer and you will definitely love air fried food, as well. The book is full of healthy and delicious recipes with pictures you will like to try. They all contain detailed nutritional information outlining calories, fat, sodium, and sugar in each dish. Cooking measures and units of temperature are both understandable for US.

AIR FRYER COOKBOOK WANT TO TRY SIMPLE AND YUMMY RECIPES?

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